



Informed Consent & Release for Laser Hair Removal

Name: _____
First Middle Last

Address: _____
Street City State Zip

Phone: (h) _____ (w) _____ (c) _____

DOB: ____ / ____ / ____ How did you hear about us: _____

Email: _____

Emergency Notification: _____
Name/Relationship Phone#

Patient Responsibility

If you are unable to keep your scheduled appointment, we require a 24 hour cancellation notice or a \$25 late cancellation/no show fee will be charged to your account. Please note too that all gift certificate and pre-paid services expire one year from the date of purchase. Any unused credit balances after one year will be lost. By signing below, you acknowledge reading and agreeing to the above terms.

Signature of client (or responsible party if client is a minor) _____ / ____ / ____
Date

Treatment Area:

Health History (If yes, indicate date):

Do you have any known allergies or skin sensitivities? Y N

If others, please list _____

Is there any other medical condition you would like to tell us about? _____

What medications are you currently taking? (including over the counter vitamins, herbs, and supplements) _____

Are you pregnant or trying to become pregnant? Y N

Recent Sun Exposure Y N

Previous Laser Treatments Y N

Hair Removal

Waxing, Plucking, Electrolysis Y N

Accutane, last 6 months Y N

Gold Therapy Y N

Coagulopathies (treatment for a blood disorder) Y N

Herpes/Cold Sores Y N

Vitiligo Y N

Melanoma, history of Y N

Keloids/Hypertrophic Scarring Y N

Tattoos/Permanent Make-up Y N

Fillers, Botox, etc. Y N

Pacemaker/Defibrillator Y N

Implants/Surgeries in treatment area Y N

Decreased sensation/Numbness in treatment area Y N



Frequently Asked Questions for Laser Hair Removal

1224 East Elizabeth Street
Fort Collins, CO 80524
(970) 482-3473
www.Spa-360.com

How does the laser remove hair?

The laser emits a beam of light that is attracted to the pigment or melanin in the hair follicle that is in an active growing cycle. Pre-determined pulse duration and energy setting are directed at and absorbed by the hair follicles, disabling the growth of the follicles, resulting in quick, safe, and effective hair removal.

What is the advantage of using a laser?

Lasers are precise instruments that can be adjusted to the exact parameters that will specifically disable the hair follicle. The laser uses a wide beam that treats many hairs at once instead of treating hair-by-hair like electrolysis. Because of this, large areas such as your arms, legs, or back can be treated in a short period of time. You will see results that last far longer than tweezing, waxing, shaving, chemical depilation, or other temporary methods.

What does the laser treatment feel like?

The treatment does have a slight prickly or stinging sensation. Most of our clients are able to tolerate the treatment without difficulty. However, since every person's level of sensitivity is different and treatment areas may vary, a topical numbing crème is available.

What happens to the skin after laser treatment?

Reddening of the skin is the desired reaction. The redness usually subsides within a few minutes to a few hours and returns to normal. Since the laser is not invasive in any way, no bandages are necessary. You are able to reapply your make-up, return to work, and continue with your normal daily activities immediately following treatment.

How many laser treatments will I need?

It has been our experience most of our patients are able to discontinue treatments, knowing they will probably need an occasional touchup, after an average of 5-6 treatments. This is providing that the recommended treatment schedule is followed. It is also important to understand, results may vary depending on the individual's hair type, their stress levels, certain medications, and different hormone levels. Keeping in mind some individuals require fewer treatments and some will require more treatments depending on the results desired.

Is laser hair removal permanent?

The FDA has cleared laser hair removal regardless of the laser for "Permanent Hair Reduction" only. Based on our experience we believe that the hair treated will probably not re-grow. Each individual's treatment response may be different because of their hair or skin type and that they have between 500 and 1000 follicles per square inch, of which many are dormant at the time of treatment. We have no way of knowing if and when they may start to grow due to stress levels, certain medications, and different hormone levels.

What to expect after laser treatment:

After your initial treatment, you should enjoy a significant reduction of hair. However, it will take 2-4 weeks for the treated hair to push its way to the surface and fall out. With each treatment, the hair in the active growing phase will be effectively treated. A follow up appointment is scheduled in 4-8 weeks after each treatment. Keeping in mind the importance of maintaining your follow up appointments.

What if I have gray, white, blonde, red, or light fine hair?

Since the laser is attracted to the pigment in the hair follicle, this hair type or hair color may not be treated with the laser. If this is your case call our clinic. We may have options for the treatment you are seeking.



Post-Treatment Care for Laser Hair Removal

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1. Care should be taken to prevent trauma to the treated area for the first 2 or 3 days following treatment. Shaving should be avoided post treatment for 24 hours or until any sign of irritation has vanished. **Do not apply any lotions with Vitamin E, Aloe, or Tea Tree Oil for 2-3 days post treatment.**
2. A minimum of SPF 15 Sunscreen (UVA/UVB) should be used for any sun exposure during your treatment. Sun tanning and tanning beds should be avoided for 24 hours after any redness disappears following treatment.
3. Avoid any strenuous, hot tubs, and spas for 24 hours after treatment.
4. If the skin is broken or a blister appears, apply antibiotic ointment and **contact us** (we have products available if this should happen). Also, for further protection keep the affected area covered to avoid direct sunlight while experiencing these symptoms.
5. Cold packs or cortisone cream may be used to ease any temporary discomfort.
6. Makeup can be applied as long as the skin is not broken.
7. If you experience an irritated raised rash after treatment, Benadryl should help relieve the itchiness. Although rare these symptoms may take up to a week to subside. Also, avoid direct sunlight to the affected area while experiencing these symptoms.
8. Patients who have been tested for epidermal reaction with a test spot can return in 72 hours for treatment.
9. Hair may take up to **4 weeks**, or in some cases, as little as a few days to fall out following treatment.
10. Follow-up subsequent treatments are based on the technician's recommendation, usually about 4-8 weeks following treatment.

If you have any questions or concerns please do not hesitate to call our office (970) 482-4373