



# Informed Consent & Release for Solar Genesis (Intense Pulsed Light/IPL)

Name: \_\_\_\_\_  
First Middle Last

Address: \_\_\_\_\_  
Street City State Zip

Phone: (h) \_\_\_\_\_ (w) \_\_\_\_\_ (c) \_\_\_\_\_

DOB: \_\_\_\_ / \_\_\_\_ / \_\_\_\_ How did you hear about us: \_\_\_\_\_

Email: \_\_\_\_\_

Emergency Notification: \_\_\_\_\_  
Name/Relationship Phone#

### Patient Responsibility

If you are unable to keep your scheduled appointment, we require a 24 hour cancellation notice or a \$25 late cancellation/no show fee will be charged to your account. Please note too that all gift certificate and pre-paid services expire one year from the date of purchase. Any unused credit balances after one year will be lost. By signing below, you acknowledge reading and agreeing to the above terms.

\_\_\_\_\_  
Signature of client (or responsible party if client is a minor) Date \_\_\_\_ / \_\_\_\_ / \_\_\_\_

### Treatment Area:

#### Health History (If yes, indicate date):

Do you have any known allergies or skin sensitivities? Y N

If others, please list \_\_\_\_\_

Is there any other medical condition you would like to tell us about? \_\_\_\_\_

What medications are you currently taking? (including over the counter vitamins, herbs, and supplements) \_\_\_\_\_

Are you pregnant or trying to become pregnant? Y N

Recent Sun Exposure Y N

Previous Laser Treatments Y N

Hair Removal

Waxing, Plucking, Electrolysis Y N

Accutane, last 6 months Y N

Gold Therapy Y N

Coagulopathies (treatment for a blood disorder) Y N

Herpes/Cold Sores Y N

Vitiligo Y N

Melanoma, history of Y N

Keloids/Hypertrophic Scarring Y N

Tattoos/Permanent Make-up Y N

Fillers, Botox, etc. Y N

Pacemaker/Defibrillator Y N

Implants/Surgeries in treatment area Y N

Decreased sensation/Numbness in treatment area Y N



## Frequently Asked Questions for Solar Genesis (Intense Pulsed Light/IPL)

1224 East Elizabeth Street  
Fort Collins, CO 80524  
(970) 482-3473  
www.Spa-360.com

### **What does Solar Genesis do?**

The visible light delivered by the Solar Genesis procedure is selectively absorbed by the pigmented spots on your skin. It's the heating of the pigmented cells that causes the therapeutic effect.

### **The Solar Genesis Difference:**

Comfort. We have created a pulsed light system that is exceptionally effective at treating pigment at a much more comfortable energy level. There is no need to apply topical anesthetics or gel beforehand, and you can realize superior results in just one or two treatments.

### **What areas can be treated?**

Virtually any part of your body with sun and age spots or freckles can be safely treated. The face, chest, shoulders, and arms are the most popular areas for treatment because they typically have had the most sun exposure. Both discrete spots and skin densely covered with freckles respond well to treatment.

### **Is it true that I'll need to arrive an hour early to apply a numbing cream?**

No. Unlike other systems, the Solar Genesis treatment requires no topical anesthetics or gels before treatment. Gel is messy, time consuming, and uncomfortable. Solar Genesis therapy is the next generation in pulsed light treatments. No gel!

### **What do treatments feel like?**

When the handpiece is placed on your skin, it will feel cool and comfortable. When the pulse of light is delivered, you may feel a mild, brief pinching sensation.

### **How long will the treatment take?**

The actual treatment will only take a few minutes. And, since there is no need to apply gel or any topical anesthetic, your total appointment time can easily fit into your lunch hour.

### **How many treatments will I need?**

Typically, one or two treatments are sufficient to see dramatic results. Additional treatments may be required for very large or dark spots or for densely covered areas.

### **What happens after the treatment? Are there any side effects?**

Immediately following the treatment, the spots may start to darken. You may notice a slight reddening of the surrounding skin. This typically subsides within a couple of hours. Over the course of the next one to three weeks, darkened spots will fade and flake off. Consult with Spa 360 staff for complete information on the benefits and risks of treatment.

### **Will the spots reappear over time?**

No. New spots may appear. These too can be removed. Remember to liberally apply sunscreen when outdoors to minimize sun damage and the appearance of new spots.

### **Can all of my spots be treated this way?**

Spots formed by sun exposure can be effectively treated with the Solar Genesis procedure. There are, however, other types of pigmented lesions, such as birthmarks and moles. Consult with Spa 360 staff to identify the spots most likely to respond well to Solar Genesis Skin Therapy.

### **When will I see results?**

Most patients find the majority of their treated spots have shown significant improvement within two to three weeks of treatment. However, your final result may not be apparent for a month or more.



## Post-Treatment Care for Solar Genesis (Intense Pulsed Light/IPL)

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1. Care should be taken to prevent trauma to the treated area for the first 24-48 hours following treatment.
2. Ice, chilled cold packs or wet washcloth put in freezer for 2-3 minutes may be applied post-treatment as needed for patient comfort.
3. Treated lentigines usually darken after treatment, and crusting begins to form within a few days. This crusting usually resolved in 1 to 3 weeks. It should be allowed to naturally flake off for best results.
4. If significant crusting occurs beyond the normal flaking of the treated lesions, an antibiotic ointment or lubricating cream may be recommended.
5. Localized erythema (redness) may also be present and typically resolve in 24 to 48 hours.
6. Avoid hot tubs or spas for at least 24 to 48 hours after treatment.
7. Make-up may be applied as long as the skin is not broken.
8. If the skin is broken or a blister appears, apply antibiotic ointment and **contact us**. Also, for further protection keep the affected area covered and avoid direct sunlight while experiencing these symptoms.
9. The recommended time interval between treatments is 3 weeks or longer, once the crusting has cleared.
10. Patient should avoid artificial tanning, or sun exposure without a minimum of SPF 30 (UVA/UVB) Sunscreen, in the four weeks following treatment.

If you have any questions or concerns please do not hesitate to call our office (970) 482-4373